

## Sample Week-Long Schedule

### Sunday

3:00 Arrival  
Introductions  
Tour  
4:00 *Opening Reflection*  
5:30 Dinner Prep  
6:00 Dinner  
6:30 Dinner Clean  
7:30 Depart  
8:00 **Mass (if religious group)**  
**In-house Activity (if secular group)**  
9:00 Return/Free Time

### Monday

7:00 Breakfast Prep  
7:30 Breakfast  
8:00 Breakfast Clean  
8:30 Depart  
9:00 **Partner Agency- Food Insecurity**  
12:00 Return  
12:30 Lunch Prep  
1:00 Lunch  
1:30 Lunch Clean  
2:00 Break  
3:30 **In-house Activity**  
4:00 *Reflection*  
5:30 Dinner Prep  
6:00 Dinner  
6:30 Dinner Clean  
7:30 *Intro Partner Agency*  
8:00 Depart  
8:30 **Partner Agency- Homelessness**  
10:30 Return  
11:00 *Check-in*  
11:30 Rest

*Theme: Food insecurity and homelessness*

### Tuesday

7:30 Breakfast Prep  
8:00 Breakfast  
8:30 Breakfast Clean  
9:00 *Intro Partner Agency*  
9:30 Depart  
10:00 **Partner Agency- Community Center**  
12:00 Depart  
12:30 Lunch

1:00 **Partner Agency- Incarceration**  
3:00 Return  
5:30 Dinner Prep  
6:00 Dinner  
6:30 Dinner Clean  
7:00 *Evening Reflection*

*Theme: Incarceration/ restorative justice*

### Wednesday

8:00 Breakfast Prep  
8:30 Breakfast  
9:00 Breakfast Clean  
9:30 **Free Day**

### Thursday

7:30 Breakfast Prep  
8:00 Breakfast  
8:30 Breakfast Clean  
9:00 *Intro Partner Agency*  
9:30 Depart  
10:00 **Partner Agency - Immigration**  
12:00 Return  
12:15 Lunch  
12:45 Lunch Clean  
1:15 Depart  
2:00 **Partner Agency- Education**  
4:00 Return  
4:30 *Reflection*  
5:30 Dinner Prep  
6:00 Dinner  
6:30 Dinner Clean  
7:00 *Evening Reflection*

*Theme: Immigration and education/ schools*

### Friday

6:00 Wake Up  
6:15 Depart  
7:20 **Partner Agency-Immigration**  
8:00 Depart  
9:30 Brunch Prep  
10:00 Brunch  
10:30 Brunch Clean  
11:00 *Reflection*  
12:00 *Intro Partner Agency*  
12:30 Depart

## Sample Week-Long Schedule

- 1:00 **Partner Agency - Community Organizing**
- 3:00 Return
- 3:30 Snack Time/Break
- 5:00 Dinner Prep
- 6:00 Dinner
- 6:30 Dinner Clean
- 7:00 **Action Planning**  
*Closing Reflection*

*Theme: Immigration and wrapping up the whole experience*

### Saturday

- 8:00 Change Sheets
- 8:30 Breakfast Prep
- 9:00 Breakfast
- 9:30 Pack and Clean Rooms  
Space Prep/Cleaning
- 10:30 Written Evaluation  
Darst Store (t-shirts, fair trade items)
- 11:00 Group Photo  
Depart